



Madukkakuzhy Ayurveda

Psoriasis – 14N

The Psoriasis Treatment Program at Madukkakuzhy Ayurveda is a traditional, physician-guided Ayurvedic healing protocol designed to address the root causes of chronic skin disorders through detoxification, internal purification, and holistic lifestyle correction. Based on classical Ayurvedic principles, the program focuses on eliminating toxins, restoring dosha balance, and improving metabolic function through a combination of Panchakarma therapies, herbal medications, and personalised diet and lifestyle regimens. Treatments such as medicated oil therapies, herbal applications, and cleansing procedures are carefully prescribed to purify the blood, nourish the skin, and support long-term healing. Each patient undergoes an individualised treatment plan under expert supervision, supported by yoga and stress management practices to enhance overall well-being. A 14-night program is ideal for initiating detoxification and reducing symptoms such as inflammation, itching, and scaling, while a 21-night program enables deeper internal cleansing, improved skin regeneration, and more sustained management of psoriasis through comprehensive Ayurvedic care.

****** Rates are subject to availability and conversion rates at the time of booking.**



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Single – Euro 1396

Double – Euro 2194

Psoriasis – 21N:

Single – Euro 2094

Double – Euro 3291

Package Inclusions:

- 🌿 Private accommodation
- 🌿 Daily Doctor consultation
- 🌿 Ayurveda treatments (2 treatment/ day/ person)
- 🌿 Yoga
- 🌿 Full Board vegetarian meal as per the diet.
- 🌿 Airport pick up and drop also on a chargeable basis.

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